



**Road Running Technical Council  
USA Track & Field**

# Measurement Certificate

recognized by



Name of the course Freedom Old Home Week 5K Road Race Distance 5 km  
 Location (state) New Hampshire (city) Freedom  
 Type of course: road race  calibration course   
 Measuring method: bicycle  steel tape  electronic distance meter   
 Measured by (name, address, phone & e-mail) Mark Blackwood, 37 Hobbs Road, Lee, NH 03861  
603-781-0331, markblackwood@yahoo.com  
 Race contact (name, address, phone & e-mail) Nancy Griffin, PO Box 359, Freedom, NH 03836  
nmgriffin50@hotmail.com  
 Date(s) when course measured: October 19, 2018  
 Number of measurements of entire course: 2 Course Configuration: one loop  
 Elevation (meters above sea level) Start 135 m Finish 132 m Highest 143 m Lowest 120 m  
 Straight line distance between start & finish 102 m Drop 0.6 m/km Separation 2.04 %  
 Type of surface: paved 35 % dirt 65 % gravel      % grass      % track      %  
 Effective date of certification: February 19, 2019 Certification code: NH18018BK

Notice to Race Director: Use this Certification Code in *all* public announcements relating to your race.

## *Be It Officially Noted That*

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If *any* changes are made to the course, this certification becomes void, and the course must then be recertified.

**Verification of Course** — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

*This certification expires on December 31 in the year*

2028

**AS NATIONALLY CERTIFIED BY:**

*Bob Kennedy*

Date: February 19, 2019

Bob Kennedy – USATF/RRTC Certifier

18 Riverview Road, Durham, NH 03824, 508-577-4105, osprey02554@yahoo.com

**Freedom Old Home Week 5K Road Race Course**  
**Freedom, NH**



USATF Certificate NH18018BK  
 Effective February 19, 2019 - December 31, 2028

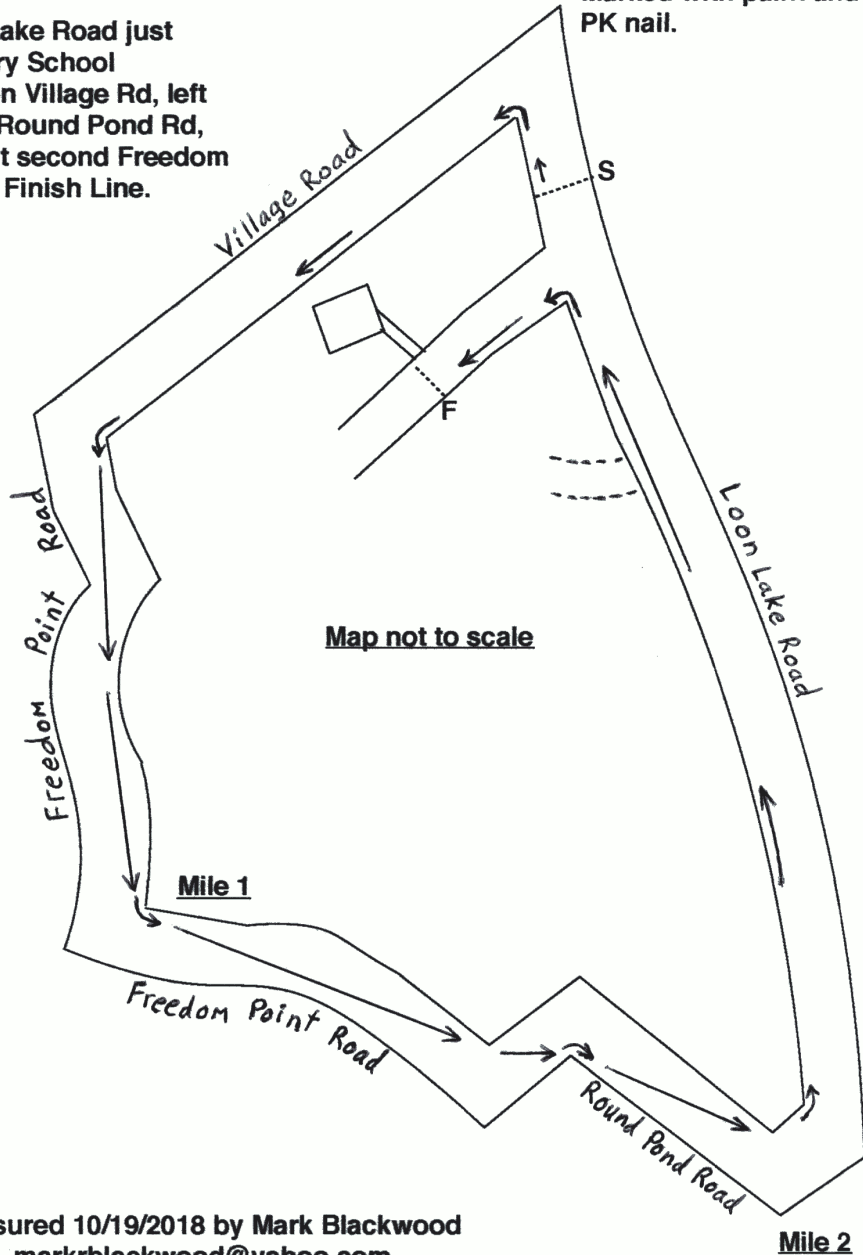


**Start:**  
 36' 8" SSE from utility pole #370 at 19 Loon Lake Road.  
 Marked with paint and PK nail.

**Course Route:** Start on Loon Lake Road just NNW of the Freedom Elementary School entrance, head NNW, turn left on Village Rd, left on Freedom Point Rd, right on Round Pond Rd, left on Loon Lake Rd, and left at second Freedom Elementary School entrance to Finish Line.

**Finish:**  
 At Freedom Elementary School on driveway where concrete utility entrance walkway crosses sidewalk and meets pavement.  
 Marked by paint and PK

**Mile 1:** 43° 48' 03" N  
 71° 02' 37" W  
 (68 Freedom Point Rd)  
**Mile 2:** 43° 47' 43" N  
 71° 01' 35" W  
 (Stump Dump entrance Round Pond Rd)



Measured 10/19/2018 by Mark Blackwood  
[markblackwood@yahoo.com](mailto:markblackwood@yahoo.com)